



Gilboa Therapy Farm Executive Summary and Call for Support February 8, 2026

Purpose

The **Gilboa Therapy Farm** is a critically needed therapeutic agricultural center located in the foothills of the Gilboa region, Israel. It will deliver essential psychological and rehabilitative services to traumatized Israel Defense Forces (IDF) soldiers and security personnel.

Following the events of October 7, 2023, and ongoing conflicts, approximately 50,000 IDF soldiers require psychological treatment, including 10,000 who sustained serious physical injuries. The farm addresses this growing crisis by offering a dedicated, healing environment in nature.

Program Overview In its initial phase

The facility will operate as a day-camp model, accommodating small groups of up to 15 participants per session, with multiple groups running concurrently. Participants will engage in professional therapy combined with therapeutic activities such as horseback riding, woodworking, animal care, movement therapy, and other experiential interventions.

The setting

A quiet, secluded agricultural site—facilitates trauma processing and recovery in a supportive, non-clinical atmosphere.

Leadership and Oversight

The project is guided by leading mental health experts:

Professor Eyal Fruchter, Head of the Mental Health Division at Rambam Hospital

Yoram Ben-Yehuda, Clinical Psychologist and former commander of the IDF Mental Health Branch

Nahi Alon, Clinical Psychologist specializing in Psychodrama

Day-to-day operations

Will be managed by the Veterans of Yom Kippur group—experienced individuals, many of whom have personally overcome PTSD—who will provide peer support and facilitation under the direct supervision of the professional team.

Construction Timeline and Plan



The farm will utilize efficient geodesical prefab structures, enabling completion in just 2–3 months, with individual buildings assembled in as little as 4 days.

Funding Structure

All operational expenses will be covered by budgets from the IDF and the Ministry of Defense.

Capital funding is required solely for construction and setup of the physical facility, with a total remaining need of \$1,600,000.

Call for Donations

Your support will enable the rapid completion of this vital healing center, directly benefiting wounded and traumatized soldiers who have sacrificed so much in defense of Israel.

To contribute, please visit: <https://www.aid-coalition.org/donate-185-spiritofgilboa>

Donations are processed securely through a recognized charitable platform. Every contribution brings us closer to opening the doors of the **Gilboa Therapy Farm** and providing life-changing care to those who need it most.

Thank you for standing with Israel's defenders in their journey toward recovery.

